

## 7 Habits of Highly Effective People

In The 7 Habits of Highly Effective People, author Stephen R. Covey presents a holistic, integrated, priciple-centered approach for solving personal and professional problems. With penetrating insights and pointed anecdotes, Covey reveals a step-by-step pathway for living with fairness, integrity, service, and human dignity-principles that give us the security to adapt to change and the wisdom and power to take advantage of the opportunities that cahnge creates

