

The Carolina Way

The Carolina Way is an excellent, easily read examination of leadership based on the lessons Smith learned and taught in 36 years of coaching basketball at the Univ. of Kansas (under the legendary Phog Allen), the Air Force Academy and the Univ. of North Carolina. The format is deceptively simple. Coach Smith writes (with the able assistance of John Kilgo) about a particular aspect of leadership as it relates to his coaching philosophy. One or two former players "speak" briefly to that issue and its affect on them. Dr. Bell then places that aspect into a business context. All three elements combine to create an excellent guide whether you coach youth athletics or run a major corporation.

The book is divided into five general topics: The Foundations; Playing Hard; Playing Together; Playing Smart; and Lessons Learned. Each is then sub-divided into chapters. Playing Hard, for example, includes the following chapters: Caring; Practicing; Recruiting the Players; Honesty; Breaking Bad Habits; and Fun, Fatigue, and the Long Season.

