

ABSTRACT

In general, many adolescents in Indonesia have a high level of trauma and emotional disturbance, especially those in broken home families. However, many factors cause an individual to be reluctant to convey what they feel to their parents and prefer to suppress and be silent. The problem is important that a child with trauma, has a habit of silence or suppression and is in the scope of a broken home or less harmonious family needs emotional healing media. Visual book diary is one of the alternative media in writing therapy that has crucial functions that are considered effective in emotional healing. Therefore, the design of the visual book dear diary papa mama as a medium for children's communication to parents in broken home families is needed and in the research will work with the Dear Papa Mama Platform. The research method used is descriptive qualitative by conducting interviews, observation, and documentation. While the analysis method used uses SWOT to find out the advantages and disadvantages of the visual book diary. The results of this study produced the main media in the form of visual book dear diary papa mama and supporting media in the form of posters, banners, sticker packs, bookmarks, letters, and t-shirts. Based on the results of the research that has been done, the visual book dear diary papa mama is declared to be effective and can be used as a medium of communication between children and parents in broken home families.

Key words : *Visual book diary, emotional healing, writing therapy, broken home*