

ABSTRACT

This study aims to describe how the elements of interpersonal communication emerge in the interactions between millennial mothers and generation alpha in the digital era, particularly through video call media. Using a descriptive qualitative approach, data were collected through in-depth interviews, observation, and documentation involving three pairs of mothers and adolescent children. The findings reveal that all elements of interpersonal communication-such as source-receiver, encoding-decoding, message, channel, noise, feedback, and context are present in their digital interactions. Millennial mothers act as both the sender and receiver of messages in a two-way communication pattern. The encoding and decoding processes occur dynamically through verbal expressions and digital symbols such as emojis and stickers. Communication channels include video calls and instant messaging, accompanied by various types of noise, such as environmental distractions and signal limitations. Feedback is provided either instantly or with delay, depending on the medium used. The conversational context also influences how messages are delivered and interpreted. This study provides a deep understanding of the dynamics of interpersonal communication within families in the digital age and serves as a practical reference for parents in building effective interactions with their children.

Keywords: *Interpersonal Communication Elements, Millennial Mothers, Generation Alpha, Digital Era, Video Call.*