

ABSTRACT

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Study Program : Visual Arts
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Final Project Title : Visualization of the Inner Child in the Experimental Film Inner Light

The experimental film inner light explore the concept of the inner child through deep emotional expression, focusing on the transition from childhood to adulthood. The film presents visuals in a 1:1 aspect ratio combined with black and white filters to create a nostalgic atmosphere. Its aim is to invite the audience to reminisce about small moments that are often forgotten while demonstrating the impact of parental upbringing on a child's emotional development. The characters in this film are divided into two: an adult character aged 21 and child character aged 9. Through this narrative, inner light highlights how past experiences shape the identity and emotions of each individual. The author seeks to change the general perspective on the inner child, suggesting that while there may be wounds, there are also many small joys that may have been overlooked. Awareness of the inner child is hoped to be an essential part of the healing process. Thus, inner light aims to provide new insights into the impact of past experiences on mental health and personal development.

Keywords :

Inner Child, Experimental Film, Emotion, Nostalgia, Personal Development.