

ABSTRACT

Rayya Salsabiella. 1604210029. 2025. Acne as a Representation of Self-Acceptance in Painting Artwork. Final Project: Fine Arts Study Program, Faculty of Creative Industries, Telkom University.

Acne is one of the most common skin issues experienced by teenagers, impacting not only physical appearance but also psychological aspects such as shame, anxiety, and low self-esteem. This creative work aims to explore how painting can be used as a medium to express the process of self-acceptance in dealing with acne, an issue that often affects teenagers' confidence. The painting titled *Deepo Bhava dan Seen & Unseen* was created to illustrate the emotional journey from insecurity toward self-acceptance. The creation process applies a visual approach incorporating symbolic and expressive elements. The artwork combines elements such as leaves, roots, and facial expressions to represent self-transformation and acceptance of acne-affected skin. This creative project shows that painting can serve as an effective means of expression for teenagers to cope with anxiety, foster self-acceptance, and offer a reflective space to confront social pressures related to often unrealistic beauty standards.

Keywords: acne, self-acceptance, painting, anxiety, teenagers, beauty standards.