

ABSTRACT

Zahra Dafani Heryana. 1604210015. 2025. The Representation of Akrasia in Contemporary BJD Sculpture as a Reflection of Psychological Limitation. Final Project: Visual Art Program, Faculty of Creative Industries, Telkom University.

This final project come from a personal reflection on the condition of akrasia a state in which an individual knows what should be done but still fails to act due to internal obstacles. The purpose of this work is to represent this inner conflict through a contemporary sculpture using a contemporary sculptural approach. The creation method involves the exploration of shape and expression through clay sculpting techniques, structural construction, and articulated joint assembly similar to that of a three dimensional figurine. The work is visualized as a sculptural figure in a reaching pose, with one hand extended out of a metaphorical cage, symbolizing the desire to escape internal entrapment. The conclusion of this work suggests that the struggle to break free from akrasia is a complex internal conflict that deserves to be visualized in order to raise public awareness of the mental health.

Keywords : akrasia, sculpture, expressionism, inner conflict, visual representation.