

ABSTRACT

Rizka Aulia Putri Fuadi, 1604204065, Visualization Of Emotional Numbness Through Experimental Films “Thesis: Fine Arts Study Program, Faculty of Creative Industries, Telkom University”.

Emotional numbness is a mental health disorder which has one of the characteristics of not having emotions and being unable to express oneself or it can also be called emotional numbness. The author has accompanied someone who has emotional numbness for approximately 3 years. The author feels that this rare and new moment needs to be made into a work through an experimental film. Experimental films do not use much plot but have a structure, the structure itself is influenced by the author's subjective experiences, such as personal experiences, ideas, ideas or emotions, because it is in line with the author's goal, namely to express the author's self in a work in visual form, the author can also channel creativity and innovation, this work also aims to provide information in visual form to introduce to the public that in life there is a mental health disorder called emotional numbness. So an experimental film was created entitled Celebration of Numbness. This film visualizes how the symptoms of emotional numbness occur in a person and how some efforts can be made to cure them. In this film, Radeta and Rilia will play. They are a couple and one of them suffers from emotional numbness. Radeta suffers from emotional numbness so he will be played by a mannequin and set in black and white as a meaning of emptiness and numbness. Meanwhile, Rilia's background is warmer as the meaning of life and happiness. The meaning of the title Celebration of Numbness explains that in life, celebrations are not only about happiness, numbness also needs to be celebrated with sincerity. The selection of this work is very important to highlight because mental health has a big influence on life so that life can be prosperous, safe and happy. Having good mental health can prevent physical illness, so life can be more meaningful. Experimental films are effective in visualizing emotional numbness because they are able to express feelings that are difficult to explain in words. The use of visuals with mise-en-scene and audio elements can convey feelings that fail to be expressed, feelings of emptiness and the inability to feel emotions in a deep way.

Keyword: *Emotional numbness, Mental Disorder, Numbness, Visual, Experimental Film, Mise-En-Scene*