

Abstract

INTERPERSONAL COMMUNICATION BETWEEN HUSBAND AND WIFE WHO DO NOT HAVE CHILDREN

This study aims to examine the dynamics of interpersonal communication between husband and wife who do not have children. The main focus of this research is to understand how couples interact, manage emotions, and handle social pressure and personal expectations related to not having children. The method used in this study is a qualitative approach with in-depth interviews as the main data collection technique. A total of 10 childless couples were interviewed to delve deeply into their experiences. The results of the study indicate that couples who do not have children often face significant emotional pressure from themselves, their partners, and their social environment. Social support from family and friends is shown to play a crucial role in helping couples manage this pressure. Additionally, coping strategies developed by the couples, such as seeking professional support and strengthening emotional bonds through shared activities, also contribute to maintaining relationship harmony. Both verbal and non-verbal communication were found to be highly important in maintaining healthy relationship dynamics. This study concludes that effective communication and emotional support are key to facing the challenges encountered by childless couples. The findings of this research are expected to provide new insights for couples experiencing similar situations and for practitioners working in the field of marriage counseling.

Keyword: Empathy and mutual understanding can reduce the negative impact of social pressure, maintain relationship harmony, and increase a couple's ability to overcome challenges together.