

ABSTRACT

Effective interpersonal communication is very important in maintaining harmonious relationships amidst work pressure and time demands which often become challenges for couples. This research has used qualitative methods with a phenomenological approach, and involves observation and in-depth interviews with married couples who meet certain criteria. The aim of this research is to understand how interpersonal communication patterns are applied by married couples dual worker marriages can affect the quality of their relationship. The research results show that open communication, empathy, supportive attitudes, positive attitudes, and equality in communication are important factors in maintaining harmonious relationships. Couples who are able to implement effective communication patterns tend to have a better understanding of each other, reduce conflict, and increase satisfaction in their marriage. This research has provided theoretical contributions in the development of communication science, as well as practical benefits for married couples with dual worker marriages in maintaining harmony in their relationship.

Keywords: *Dual Worker Marriages, Harmony, Interpersonal Communication*