

## **ABSTRACT**

*The importance of a family in building communication will indirectly create harmony and also create close bonding between parents and children and vice versa. However, in reality not all families can build good communication and create a harmonious family. This is because there are family members who are given trials, namely the presence of children with special needs, one of which is a child with autism. The purpose of this study is to determine the interpersonal relationship between parents and children with autism who have limitations in communication using the Relational Dialectics Theory (RDT) approach. The research method used is qualitative research method with descriptive approach. The results of this study indicate that the relational dialectics of interpersonal relationships between parents and children with autism when building a communication raises a tension or tension in it. Of course, this will raise a challenge for parents regarding how they deal with tension when building communication with children with autism in order to create communication that can be understood by each other.*

**Keywords:** *Relational Dialectics Theory, Autism, Parents.*