

## **ABSTRACT**

*In generally, nomadic students decrease their communication patterns with their parents. In the case of parents with strict parenting patterns, this will become an obstacle to the decreasing pattern of communication and self-disclosure among students. This research aims to find out how self-disclosure occurs between nomadic teenagers who are experiencing a phase and parents with strict parenting patterns. This research uses a qualitative method through a phenomenological approach carried out with seven informants consisting of three key informants from nomadic students at Telkom University, three supporting informants from the parents of the key informants, and one expert informant in the field of adolescent and family psychology. The results of the research show that nomadic teenagers in the phase feel free from the reach of their parents but don't create self-disclosure. It's indicated by the interview results, which show that the communication between the children and their parents isn't open because the children feel constrained by their parents' strict rules.*

***Keywords: Self Disclosure, Authoritarian, Adolescents***