

## ABSTRACT

*The emergence of anxiety and uncertainty makes santri and female students have to adapt to the new environment so that there are new patterns and forms in terms of communication in the Islamic boarding school environment. The existence of a new culture that has emerged in the Islamic boarding school environment requires santri and female students to be more aware of and manage patterns of anxiety and uncertainty in order to be able to adapt well. The anxiety that arises makes santri and female students have to adapt to the new culture and environment in the Islamic boarding school. It is this form of communication that will be looked at, and the patterns of anxiety and uncertainty of students and female students in going through the early days of entering this Islamic boarding school. The theory used is the theory of managing anxiety and uncertainty (Anxiety / Uncertainty / Management Theory) by William Gudykunst. The literature review in this research refers to communication patterns between parents and children, how Islamic boarding schools are classified, theories of managing anxiety and uncertainty, and also communication patterns in the Islamic boarding school environment. The method in this research uses qualitative, with a phenomenological approach, to highlight experiences and interpret homesickness as a phenomenon and how anxiety and uncertainty are managed by santri and female students, also using data validity tests. The result is a democratic communication pattern between parents and children, which makes it easier for children to adapt to Islamic boarding schools. Support from the form of communication carried out by the supervisor also provides ease of adaptation for students and female students in Islamic boarding schools. Management of anxiety and uncertainty is also carried out very well thanks to good social support. The conclusion of the research is that good communication patterns between parents and coaches support good management of anxiety and uncertainty in accordance with the indicators in the theory of managing anxiety and uncertainty.*

**.Keywords:** *Management of Anxiety and Uncertainty, Communication Patterns, Islamic Boarding School, Communication Patterns Parents*