

ABSTRACT

Nursing home is a social institution where you can take care and provide care for the elderly. The occupant of this nursing home is an elderly person aged 60 years and over. At that age, the elderly are prone to decline in physical and psychological health conditions. The physical decline experienced includes disturbances of the five senses such as hearing and vision, decreased brain memory performance, and impaired coordination / balance. These disorders can trigger psychological / mental health conditions for the elderly such as depression, empty nest syndrome, sadness, anxiety, and hallucinations. According to the 2021 Central Statistics Agency, West Java is one of the provinces with the highest percentage of elderly people in Indonesia with 4,299 neglected elderly living in Bandung. Therefore to answer this need, there is nursing home as a place to live for the elderly. However, many of the buildings haven't reached the standards for the facilities provided and still haven't given the attention to important aspects such as security, safety, comfort, and the physical / psychological health of the elderly.

The design of nursing home in Bandung focuses on elderly women aged 60 years and over. Given the character of the elderly who are prone to physical and psychological decline, the design takes a Psychological Well-Being approach which is the importance of individual well-being which is closely related to mental health, positive emotions (happiness), and one's satisfaction with oneself and one's environment. This approach aims to extend life expectancy and achieve health for the elderly. This approach is in line with the applied theme, namely "Peaceful Home". One way to increase these positive feelings is by procuring green plants and the outdoors. The choice of this theme is based on the character of the elderly who are prone to physical and psychological setbacks such as stress, depression, sadness, and hallucinations. It's hoped that the application of themes and concepts in the interior design of nursing homes can support and create a sense of security and comfort so as to increase feelings of happiness, positive emotions, and achieve mental health and well-being for the elderly.

Keywords : Nursing Home, Elderly, Psychological Elderly