

## **ABSTRACT**

interpersonal communication plays an important role in daily interactions between nurses and their patients. The role of nurses is very influential on the condition of those who experience mental disabilities who are being rehabilitated. The most effective interpersonal communication used by nurses in approach with patients with mental disabilities at Phala Martha Sukabumi Center. This study was to determine the interpersonal communication of nurses between patients with mental disabilities at Phala Martha Sukabumi Center. This research was found at the stage of social penetration theory is an affective exchange of various information exchanges as well as in Social Penetration activities. These primary data are obtained from observation, interviews, and documentation. This research method uses qualitative research methods are research methods that examine the condition of an object. The results showed that the Nurse's Interpersonal Communication in patients with Mental Disabilities at Phala Martha Sukabumi Center established a good communication relationship. The nurse's communication with patients with mental disabilities is an interpersonal approach. With this nurse approach stage, fostering a trusting relationship is one of opening patients to open up to nurses, and a supportive attitude by providing positive encouragement for patients who are relapsing during rehabilitation.

**Keywords:** Interpersonal Communication, Nurse, People with Mental Disabilities.