

ABSTRACT

The phenomenon of dream memory distortion is experienced by the author and turned into a conceptual work of art that contains elements of video art and is accompanied by a performance video in presenting the work to present the idea of the work. A phenomenon where dreams are slowly distorted and erased from memory after a split second the writer wakes up from sleep. Dreams that have just occurred are enshrined in writing and serve as evidence that a dream has occurred. It is these dream notes that become components or are the main ideas in works of art. Conceptual art is the only medium that adequately accommodates the idea of work because the concept of work requires media that is not bound by other general disciplines. The purpose of the work is a manifestation of the author's appreciation of the little things that happen in life, such as the phenomenon of distortion of one's own dream memory.

Keywords: *Dream Memory Distortion, Conceptual Art, Dream Notes*