ABSTRACT

NEW DESIGN OF WELLNESS CENTER IN BALI WITH HEALING ENVIRONMENT APPROACH

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Fast-paced lifestyles and unhealthy lifestyles due to busy activities can cause emotional and physical exhaustion which affects both physical and mental health, therefore a wellness center is needed that can relieve stress and increase the dimensions of wellness within oneself somebody. The development of wellness in Indonesia itself, especially in the field of wellness tourism is growing quite rapidly in the Bali area with the existence of several wellness centers that have international standards and wellness facilities that are recognized globally. The design of this wellness center is located in Bali and provides different programs with a certain duration of time that can support a person to have a better level of wellness than before with facilities that are designed based on wellness aspects and have the main goal of relaxation. This design uses a healing environment approach that focuses on the relationship between humans and nature so that the design will implement the effects of biophilic aspects that will help the healing process with the theme "comfort space" and the concept of "heal with nature" where this concept will be a solution to achieve design purpose.

Keywords: Wellness, healing environment, nature, relaxation