

## **ABSTRACT**

### **UNITED TRACTOR SPORT CENTER REDESIGN FOR INCREASING PRODUCTIVITY AND HEALTH LIFESTYLE WITH BIOPHILIC APPROACH**

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Sports culture in our country is still relatively low, one of the reasons is because public facilities and infrastructure have changed their function as a place for selling or trading and as a place for other facilities. This resulted in narrow facilities for exercising, causing people's attitudes and interest in sports to decline and resulting in a decline in a healthy lifestyle. A healthy lifestyle is becoming more and more important to many people in this modern era, where many people have a higher awareness about their health and well-being. Sport center, as a place to exercise and maintain health, is very important in supporting a healthy lifestyle.

Sport centers can provide access for the community to do sports and physical activities comfortably and safely. Sport and physical activity are important factors in maintaining human health and well-being. Because it can help improve physical condition and mental health.

**Keywords:** Sport Center, Healthy Lifestyle, Office Worker, Biophilic.