

ABSTRACT

The family plays a central role in shaping the character, values, and social interactions of individuals. As the primary environment, the family influences communication patterns that affect interpersonal relationships. Effective communication within the family provides deep understanding, mutual trust, and openness. However, family disharmony can arise due to mismatched communication patterns between parents and children, triggering conflict and discomfort. This study analyzes the communication patterns of parents and children in overcoming family disharmony, with a focus on communication patterns that affect relationships when dealing with these challenges.

This type of research uses a qualitative approach with the case study method. Data were obtained through in-depth interviews with several families who experienced disharmony. Data analysis techniques were carried out through field observations during interviews.

The results of this study indicate that open, empathetic, and caring communication from parents creates a safe environment for children to talk about their feelings, thoughts, and problems. This research also reveals that good communication patterns can be built by understanding the differences in the stages of child development, creating an open and trusting family environment, and building good communication skills

.Keywords: Family, communication patterns, parents, children, family disharmony, interpersonal relationships.