

## **ABSTRACK**

*Many cases of depression in Indonesia have been experienced by people of productive age, particularly those in their teens, so it is necessary to draw attention from the community to the importance of attempting to understand the condition of people in their surroundings so that they are more aware of mental health problems. Establishing harmonious family communication between parents and children can help youngsters feel safe and comfortable at home, as well as speed up the rehabilitation process. The transition stage to adulthood, during which youth in their twenties have unstable thoughts and egos.*

*The primary objective of this study was to use descriptive qualitative research methodologies to investigate the function of family communication between depressed parents and teenagers in the healing process in the city of Bandung. According to the findings of his study, harmonic communication and communication between family members can have a significant impact on sustaining children's mental health and assisting in the depression recovery process.*

***Keyword: Family communication, communication pattern, depression, teenager***

