

*INTERIOR DESIGN OF DAY SPA AND REFLEXOLOGY SPECIAL MUSLIMAH IN  
BANDUNG*

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**ABSTRACT**

*Nowadays, along with the times and the many demands of work and education, the level of activities and routines of an urban muslimah is increasingly high. It can greater the risk of experiencing stress due the tension the muslimah oftenly experience. This is exacerbad by the condition of the city of Bandung which is currently busy, hot, noisy, and having lots of pollution this making physical and mental conditions weaken an effect the immune systems, which can affect the health and appearance of muslimah if they continue to be in same situation in a certain period of time. In order to recover from stress, sufferers prefer a place with certain criteria to calm their body and spirit. Awareness of having physical and spiritual health is one reason to eliminate the stress they experience by relaxing those tense nerves. Those are the considerations of the need for interior design of the Day Spa and Reflexology Special Muslimah with special design as means of relaxation and therapy to deal with the appropriate stress so as to restore physical and spiritual balance. This interior design not only emphasizes relaxation on service, but also on providing modern and varied facilities and presenting an atmosphere through the application of natural concepts by processing interior elements that form the space and the application of several natural elements to the design, this creating suitable design, considering the design of relaxation facilities that are crucial for achieving the maximum relaxation for urban muslimah.*

**Keywords :** SPA, SPA Interior Design, Muslimah SPA, Reflexology.