**ABSTRACT** 

Osteoporosis is a condition or disease of the bones that causes them to

become brittle and easily fractured or broken. The tool used to measure bone density

using ultrasound in the heel area is considered to be less accurate, as it is only used

for screening and further brought to Bone Mineral Density (BMD) for diagnosis.

Another examination is done using bone markers located within the blood. This

examination is not intended for diagnosing osteoporosis but rather for monitoring

the success of treatment.

Based on the issue above, in this Final Project (FP), a osteoporosis detector

in the form of a circular microstrip patch antenna with Industrial, Scientific, and

Medical (ISM) frequency working at 5,8 GHz, using FR-4 material for the

substrate, and copper tape for groundplane and patch, will be tested on cow bones

as a substitute for the human body using the microstrip feedline technique.

The antenna is designed using CST software with an analysis comparing the

specifications of Return Loss, bandwidth, gain, VSWR, and initial radiation pattern

from the simulation design to the realization of the desired specifications. The direct

testing result of the antenna at the operating frequency of 5,8 GHz showed a Return

Loss of -33,93 dB, VSWR value of 1,05, bandwidth of 269 MHz, and unidirectional

radiation pattern. The antenna in this study can be used effectively as it meets the

expected specifications.

**Keywords:** Osteoporosis, Antenna Mikrostrip, Narrowband, Frequency

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