

ABSTRACT

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Visualizing The Shape Of Depression In The Excogitation Of Relief Artworks

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In today's modern society, more and more systems and social institutions, complex and individual needs are increasing, so that every individual who is unable to meet expectations and responsibilities has a negative effect on his soul. Depression can be a common symptom as a person is not able to develop his abilities and skills. The method of working on this final project begins with observing various types of sad events such as excessive guilt, withdrawal from the crowd, concern that these events are some of the symptoms of depression. The creation of this relief artwork uses carving techniques with foam cork as the medium. The creation of this work is to prevent or reduce the effects of depression and reflection on personal experience. The purpose of creating this work is based on an impulse composed of thoughts and appreciation to visualize the imagination from observing and recording the surrounding events. Gesture forms seem semi-stiff or tense and distorted forms that make up the face encourage an expression to convey meaning that can be learned from looking at objects. So the benefit that the author gets is that there is something that gives meaning to the meaning of life from what is seen from the phenomena of depression that occur in the community, providing an impetus for prevention, at least minimizing the impact and symptoms of depression experienced by sufferers.

Keywords: *Depression, Experience, Relief*