

## ABSTRACT

*Insecure is a feeling of insecurity where an individual feels insecure and anxious about something. At this time people often mention the word insecure when they see someone more beautiful than themselves. everyone who has feelings of insecurity can vary. The causes of insecurity can come from events that cause trauma, past experiences, social conditions, to the surrounding environment. Insecurity is a condition that should not be ignored, because it can be related to the condition of the body as a whole, it can even reduce a person's quality of life. Therefore, the author would like to convey in the work of the Final Project that beauty is not only from the physical in the form of the work. Therefore, the author made a work entitled "Reduce the feeling of insecurity in potrait photography work entitled Beauty, Not Only From the Physical". The purpose of making this Final Project is to visualize the insecurity of a woman through the media of photography. The end result is that the author will make a photo album that aims to relieve the insecurity of any woman who reads and sees the work of this Final Project.*

**Keywords :** *Insecurity, Beauty, Photography, Woman, Album Photo*