

ABSTRACT

Mental illness is not a new thing to hear today. There are many types of mental illness that not many people know about. But in general, people have heard of depression as a mental illness. Although many people know about depression, there are still many people who underestimate depression and interpret depression only as a feeling of sadness for both the sufferer and the people around him. For some sufferers, they often do not realize that they are experiencing depression until it eventually becomes weeks or even years, while for sufferers who are aware of the symptoms of depression, they are often afraid to reveal their condition because of the stigma of society in general who thinks that the sufferer is suffering from depression is just looking for attention. Therefore, the author would like to convey with the work of a short film that he wants to make how important it is to be sensitive to yourself and those around you about depression.

Keywords: Mental illness, depression, short film