

ABSTRACT

In this modern globalization, the metropolitan has become one of the most busy places with a high population density, so it has the possibility of a social problem in it, such as being able to experience physical and emotional stress into a psychological illness. Globalization provides good benefits for human groups in the social space but has an impact at the same time, with the rapid acceptance of information through electronic media now people are starting to care about mental health. The meaning of this discussion becomes a background topic chosen by the author for the work of the final project. The author try to raises a topic of the basic emotion theory presented by Paul Ekman in his book "Emotions Revealed" using the method of creating paintings with a visual of atmosphere.

Keywords: Basic Emotions, Mental Health, Painting, Paul Ekman