

ABSTRACT

Autism Spectrum Disorder (ASD) is a developmental disability that can cause significant social, communication, and behavioral challenges. People with this spectrum can still communicate, interact, behave, and learn like others but in different ways. Having a child with ASD is a huge challenge for parents. Parents are required to deal with their child's repetitive behavior, difficulties with speech and understanding, and uncontrollable tantrums. Plus, parents have to face financial problems regarding the high cost of caring for their children and the negative stigma in the surrounding environment is still very high. This has not fully received the attention and care of the surrounding community. This study aims to explain the intrapersonal communication that occurs in parents of children with autism in Tangerang City from their experiences while caring for their children with ASD. This study uses descriptive qualitative methods with data collection techniques in the form of observation and unstructured interviews. Six parents in Tangerang City were selected using purposive sampling. Through four stages, the intrapersonal communication of parents with autistic children is in the form of sad, disappointment, anger, confusion, scared, traumatized, self-acceptance, self-approach to God, and so on.

Keywords: *Autism, Intrapersonal Communication, Communication Psychology*