

PREFACE

Praise and deep gratitude to Allah SWT for the abundance of grace and guidance given to the author who did this thesis. Shalawat and greetings may always be directed toward the Prophet Muhammad SAW, who guides us from darkness to clarity.

This thesis is entitled “The Influence of Overtime Work and Time Management on Employees’ Work-Life Balance (Study at Human Capital Division, Bank BJB Headquarters Bandung).” This thesis aims to fulfill the requirements of an undergraduate degree in the Department of Business Administration, Faculty of Communication and Business at Telkom University, Bandung.

The author received a lot of guidance, direction, and advice that helped directly or indirectly during the completion of this thesis. Therefore, the author would like to give the highest appreciation to:

1. Mrs Ade Irma Susanty, PhD, is the best supervisor who has taken the time to guide, motivate, suggest, and pay attention to provide direction for the author in completing this research.
2. Mr Syahputra, PhD, is the Head of the Business Administration Study Program, Faculty of Communication and Business, Telkom University.
3. Mrs Trisha Gilang Saraswati S.E., M.S.M. is the author’s guardian lecturer who has guided the author during his studies at Telkom University.
4. My beloved parents, Sambas and Ade Nurhayati, always give authors endless support and motivation and pray for their children to achieve their dreams.
5. My beloved older brother Fanni Apriansyah, my older brother Rega Bahtra, my dear older sister Sitka Milah Dea, and their little family who always give the author endless support, infinite prayer, advice, and always by my side through obstacles.
6. My best partner Abdurrachman Rasyid is always there when the author needs, continually supports and gives endless prayers to finish this thesis.
7. My beloved best friend Annisa Auliya, Nazwa Aulia, Adelia Sinta, Dian Nurhasanah, Moch Nabil, Adam, and HRD Team Hima Adbis 2021, who continually provide support and prayer.

8. My classmates AB-42 INT thank you for all the friendship, support, and memories these past three years.
9. All Lecturers of the Business Administration Study Program who have provided knowledge and insight, and experience during the study at the Faculty of Business Communication, Telkom University.
10. All administrative staff of the Business Administration Study Program for administrative support during study at Telkom University.
11. All the seniors who have provided direction and examples regarding the thesis.

May Allah SWT always bless those mentioned above. May all their sacrifices become their merciful deeds and help them gain success in this world and the hereafter. This thesis is still far from perfect in writing techniques and grammar. Therefore, the author looks forward to suggestions and criticisms that can help future improvements. May this thesis be beneficial for both the author and the readers.

Bandung, 21 July 2022



Anne Dewi Easya

1501184273