

LIST OF TABLE

| | |
|--|-----|
| Table 1. 1 Top 15 Bank From 50 Bank Award 2020 by The Economics | 6 |
| Table 1. 2 Top 10 Bank From Top 40 Bank Award 2021 by The Economics | 7 |
| Table 1. 3 Total Human Capital Division of Bank BJB Overtime in 2021 | 9 |
| Table 1. 4 Pre-Questionnaire Test..... | 10 |
| Table 2. 1 Bachelor Thesis..... | 34 |
| Table 2. 2 National Journal | 42 |
| Table 2. 3 International Journal | 50 |
| Table 3. 1 Operational Variable | 63 |
| Table 3. 2 Likert Scale | 65 |
| Table 3. 3 The Results of Validity Test | 68 |
| Table 3. 4 Reliability Test Result of Overtime Work | 70 |
| Table 3. 5 Reliability Test Result of Time Management | 71 |
| Table 3. 6 Reliability Test Result of Work-Life Balance | 71 |
| Table 3. 7 Interpretation Score..... | 72 |
| Table 4. 1 Descriptive Analysis of Overtime Work | 83 |
| Table 4. 2 Analysis Amount of Overtime Work | 84 |
| Table 4. 3 Analysis of Overtime Control | 86 |
| Table 4. 4 Analysis of Reward Overtime | 88 |
| Table 4. 5 Descriptive Analysis of Time Management..... | 90 |
| Table 4. 6 Analysis of Setting Goals and Priorities | 91 |
| Table 4. 7 Analysis of Time Management Mechanism | 92 |
| Table 4. 8 Analysis of Managing Tasks and Work Environment | 94 |
| Table 4. 9 Descriptive Analysis of Work-Life Balance | 95 |
| Table 4. 10 Analysis of Work Interference with Personal Life (WIPL) | 96 |
| Table 4. 11 Analysis of Personal Life Interference with Work (PILW)..... | 99 |
| Table 4. 12 Analysis of Personal Life Enhancement of Work (PLEW) | 101 |
| Table 4. 13 Analysis of Work Enhancement of Personal Life (WEPL) | 103 |
| Table 4. 14 Normality Test | 105 |
| Table 4. 15 Multicollinearity Test..... | 106 |
| Table 4. 16 Heteroscedasticity Test | 106 |

| | |
|--|-----|
| Table 4. 17 Multiple Linear Regression..... | 107 |
| Table 4. 18 F-Test | 108 |
| Table 4. 19 Coefficient of Determination | 109 |