

ABSTRACT

This research was conducted at the Directorate of Human Capital Management PT Telkom Indonesia TLT South Jakarta. With Work from Home as the independent variable and Work-life balance as the dependent variable. The purpose of this research is to know how the effect of Work from Home to the employee in Directorate of Human Capital Management PT Telkom Indonesia TLT South Jakarta's Work-life balance.

The method used in this research is the quantitative method with the type of descriptive research. Sampling have done by using a non-probability method which is used is saturated sample number of respondents 72 employees.

Based on research results, showing the Work from Home in Directorate of Human Capital Management PT Telkom Indonesia TLT South Jakarta have done successfully. Therefore, employee's Work-life balance is in a good category, which shows a balance. This research also shows that Work from Home has a significant positive effect on employee's Work life balance simultaneously with a contribution of determinant coefficient of 76,7% or 0,767. While the rest is effect by other variables not examined in this research.

Keyword: Work from Home, Work-life balance