

## ABSTRACT

*Along with the times, technology also develops, which results in more accessible access to self-disclosure. One of the media that is widely used is Instagram, where the majority of users are late teens aged 18 to 24 years. Self-disclosure of late adolescents aged 18 to 24 is not entirely positive but also very detrimental. This study focuses on the self-disclosure of Indonesian late adolescents aged 18 to 24 on Instagram and is limited from December 2021 to January 2022 using a qualitative method with a phenomenological approach. This study uses self-disclosure stages in social penetration theory and self-disclosure theory. This study aimed to discover how self-disclosure of Indonesian late adolescents aged 18 to 24 from December 2021 to January 2022 on Instagram.*

*The study results indicate that there are stages of self-disclosure in self-disclosure carried out by the eight informants. The eight informants have passed the orientation stage. There are five people in the affective assessment exchange stage. There is one person in the affective exchange stage. And two people at stable stage. In addition, two forms of impact and benefits were found, which are positive and negative.*

***Keyword: Self-disclosure, Self-disclosure Stages, Late Adolescents, Instagram***