

## **ABSTRACT**

*During the COVID-19 pandemic, the government has a policy that requires all community activities to be carried out at home, including distance learning by school students. This is done to keep the COVID-19 virus from spreading. However, this policy causes a variety of problems, one of which is mental health problems, one of which is mental health problems, which are disrupted, emphasizing the importance of parental communication patterns in adolescents mental health in the midst of the COVID-19 pandemic in Karawang. This study's method is qualitative descriptive with a phenomenology approach, and it is supported by interview results from the Karawang area. This study found a pattern of parent-child communication in adolescents' mental health in the midst of a COVID-19 pandemic. Themes based on family communication patterns on conversation orientation were : the quality of communication between mother and children; openness; and communication freedom. There were three themes in conformity orientation : building togetherness, believing in one another, and avoiding conflicts of conversational orientation and conformity orientation, and that it was found in consensual and pluralistic family types.*

*Keyword : Family communication pattern, Parent, Covid 19, Mental health*