

ABSTRACT

Infant growth is influenced by three factors, namely genetic, hormonal, and environmental factors, including nutritional intake of pregnant women, history of childbirth, nutrition given after the baby is born, trauma and disease. One of the stimuli given is Baby Spa. Benefits of Baby Spa, among others, can stimulate muscles, bones and organ systems that function optimally. Baby Spa is a series of stimulation for children's growth and development combining baby gymnastics (Baby Gym), swimming (Baby Swim), and baby massage (Baby Massage). Women need a place of relaxation to help a mother's closeness with her child. In addition, this place is very useful for children's growth and development to be more active and develop optimally.

The research method used in designing the Mom and Baby Spa in Bogor was carried out in various ways, namely observation, field studies, documentation, and literature studies (journals, articles, and books). Observations are carried out by coming to the location directly and analyzing the site through resource persons and knowing the problems that exist in the Mom and Baby Spa object. Documentation is done by photographing the side of the building, furniture details, interior details related to the advantages and disadvantages of the Mom and Baby Spa building. Literature studies are used to obtain accurate information regarding the building to be designed. The results showed that the design of the Mom and Baby Spa in Bogor still needs improvement in terms of the interior as well as regarding the psychology of space related to the closeness of mother and child.

This design uses a space psychology approach to bring mother and child closer in the spa treatment process through mother and child psychology. The existence of this development facility is due to the closeness of the relationship which is minimized considering the lifestyle of mothers who do not have time to care for their child's growth and development. Therefore, mothers and babies can enjoy being with their children to help their children's health and development when designing interiors.

Keywords: mother, baby, baby spa, baby care