

ABSTRACT

This research is motivated by the problem of employee performance at PT Bank X, in the last 3 years based on empirical data obtained in the form of employee performance appraisals of PT Bank X showint that employee performance has not reached the target. The purpose of this study was to determine the effect of Work-Life Balance and Work Motivation on employee performance at PT Bank X.

This study uses quantitative methods of descriptive and casual research. The sampling technique used a non-probability sampling technique with saturated sampling type, with a total sampling of 53 respondents. The data analysis technique used descriptive analysis and multiple linear regression analysis.

The results showed that emplyee performance was in the very good category, Work-Life Balance was in the very good category. And Work Motibation was in the very good category. Based on the ypothesis test that Work-Life Balance and Work Motivation smultaneously have significant effect on employee performance.

Keywords: Work-Life Balance, Work Motivation, Employee Performance