

ABSTRACT

The research conducted by the author is about Personal Hygiene and Sanitation with the subject of personal hygiene sanitation and grooming housekeeping standards. The research method used is descriptive with observational and interview data collection methods from discussions obtained by the author that hygiene and sanitation has not been going well and conclusions are obtained in personal hygiene needs to be improved because it affects the appearance of quality work. And stroom grooming is also an important factor in the performance at the Four Points by Sheraton Bandung hotel.

Keywords: Personal Hygiene, Sanitation And Standard Grooming