

ABSTRACT

Having high activity with high pressure makes people who live in urban areas to experience psychological disturbances or stress. It is hoped that a soothing atmosphere can help a person to re-balance his physiological functions that were previously disrupted due to stress. Psychology bureau should be a place to provide comfort, it must have a building design that gives the impression of tranquility to its users.

The psychology of space directly affects the subconscious mind. Space psychology contributes to emotions and perceptions through the parts of the brain that react to the geometry of the space they occupy. Interior design becomes an inherent part of a person's psychology. Designing by creating a comfortable environment can assist the counseling process for clients by eliminating anxiety through arranging interior elements.

keywords: psychology, space psychology, interior design