ABSTRACT

Sport activities are influential in human life has played a role in the change both through regional, national and international competitions. Because basically every person around the world is competing to create achievements in sports activities, because good sporting achievements will improve the image of the nation in the international world. This means that sports developed by a region to get an achievement will become a characteristic of the area. Because regular exercise will improve physical condition and stay awake. Because various fields and activities are tailored to the needs of the body, then one of the sports is sailing is a sports activity that can only be done by certain people and must spend a small fee for the cost of facilities. Therefore, the stage of designing interviews and observations of sailing boat athletes in order adjust the needs and problems that are being faced. So that it can design products that can be used and minimize the appropriate needs.

Keywords: Sport, Athlete, Sailingboat, Bag