

ABSTRACT

Everyone has experienced emotional pain. This emotional pain often triggers people to suffer from mental health disorders. Halodoc (2020) also explains that a person with mental disorders in general is not uncommon in dealing with stress by choosing to hurt himself to deal with his stress or emotional pain or called self-injury. Maidah (2013) explains that the parent figure is a very important figure in the formation of a child's personality, especially in self-injured children. The attitude of parental indifference greatly affects the personality of the self-injured adolescent who makes it difficult for the perpetrator to solve a problem and interferes with communication or social relations. And this is one of the factors that support the occurrence of self-injury behavior. The same is true for SH, a self-injured teenager in Depok City. The researcher conducted this study aimed to find out how the interpersonal communication that goes between parents and adolescent self-injury perpetrators in Depok City. This study uses a qualitative research method with a case study approach. Data collection techniques used are observation and interviews. In analyzing the existing data, the researcher used the model from Miles and Huberman, namely data reduction, data presentation and conclusion. Based on the results of the research data, it was found that the communication that went on for self-injured teenagers in Depok City did not go well because the interpersonal communication that was running had many disturbances. However, when self-injurers choose to start opening up to their parents, the interpersonal communication that goes on is much better than before.

Keyword: Interpersonal Communication, Parents, Adolescents, Self-Injury, Self-Harm