

ABSTRACT

This research discusses the innovation of carrot cake based on Almond flour, the benefits of carrots in this study which contain one of the pro-vitamin A, carrots are also useful as anti-oxidants also contain dietary fiber which can improve the condition of the digestive tract. The benefits of almond flour in this study are that it is used as a substitute for wheat flour, in order to produce a cake that is low in carbohydrates, therefore the authors chose this carrot cake so that it can be consumed in a healthier way. For the theoretical basis used, the author takes the theory about carrots and the theory about almond flour. As for the research methodology, the writer used the experimental method with 30 respondents as researchers to assess the healthy cake products. The panelists will select and evaluate snacks that are healthy for the body. Through the results of the consumer acceptance test, it can be concluded that the panna cotta mangosteen peel can be accepted by consumers with a percentage of 85% of consumers choosing likes based on taste, 85.8% attractive based on color, 70% fragrant based on aroma, 80% soft based on texture, and 80% consumers choose to like based on the physical

Keywords: Carrot Cake, Almond Flour, Basic Ingredients.