

ABSTRACT

WEBTOON ABOUT MENTAL HEALTH DURING COVID-19 PANDEMIC FOR YOUNG PEOPLE

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During the COVID-19 pandemic, contact between humans must be limited to reduce the spread of the virus, thus the government enforces various social restriction policies. This causes young adults to feel isolated from their surroundings, which affects their mental health. Young adults experience an increase in anxiety, depression, and post-traumatic stress disorder during the pandemic, which if left untreated will have a negative impact on both the individuals and society. In collecting data related to young people's mental health, various research methods will be used, such as: literature study, observatories, interviews and questionnaires, while the analytical method used was matrix comparison. This design project is intended to raise young people's awareness of their mental health during the COVID-19 pandemic, while the webtoon media itself was chosen because of its popularity among young people.

Keywords: Young people, mental health, webtoon