

## ABSTRACT

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The report on the work in the final project, entitled Fight Cabin Fever During Pademic As The Idea Of The Creation Of Painting Works, is a response to the author's personal experience with the events of the COVID-19 pandemic, in influencing the author's life. The limitations of the discussion are, on the conditions of the pandemic, one of which causes a negative impact, which attacks on psychological problems, as a result of the regulations for preventing the covid-19 outbreak, in policies for isolation, quarantine and stay at home. The house becomes a place to take refuge from the physical environment and protect from a disaster or epidemic, thus making the writer always stay indoors, and finally causing feelings such as boredom, sadness, loneliness in the writer, which is called Cabin fever. Cabin fever is a term to describe various kinds of bad or negative feelings that arise in a person, due to being trapped in a house or place for too long due to a disaster and epidemic, such as the covid-19 outbreak. The opponent in this case is a form of action, a way to overcome, how to survive, and deal with a condition and feeling, in the midst of the Covid-19 pandemic. The works in this final project describe the feelings of cabin fever during the pandemic that the author experienced last year, with many ways the author can do to overcome it, expressed through painting using acrylic paint as the medium on canvas.

**Keywords:** pandemic, covid-19, cabin fever, painting