ABSTRACT

This research was conducted to determine the effect of work stress on employee productivity at PT. Telkom Witel Bekasi. The purpose of this study was to find out and analyze how the level of work stress of employees, how the work productivity of employees and the magnitude of the influence of work stress on employee productivity at PT. Telkom Witel Bekasi.

This study uses a quantitative method with a type of descriptive-causal research. Sampling is done by probability sampling method, with the number of respondents as many as 63 people. The data analysis technique used is descriptive analysis and simple linear regression analysis.

The results showed that work stress had a significant effect on the work productivity of employees of PT. Telkom Witel Bekasi. This is evidenced by the results of hypothesis testing (t-test) where -t-count <-t-table (-8,320 <-2,048), with a significant level of 5%. It can be interpreted that work stress has a significant effect on employee work productivity of 53.2% while the remaining 46.8% is the influence or contribution of other factors not examined outside of research.

Keywords: work stress, employee productivity, human resources.