

ABSTRACT

DESIGN FOR INFORMATION MEDIA ABOUT
PREVENTION AND TREATMENT OF ADOLESCENT ANXIETY DISORDER DURING
COVID-19 QUARANTINE

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The COVID-19 outbreak that started in early 2020 requires people to stay at home to reduce the prevention of further COVID-19 transmission. The effect of the long quarantine period for COVID-19, many people experience mental disorders, and one of that mental disorder is Anxiety Disorder. Adolescents has the potential to experience anxiety disorders. However, there are still many adolescents who don't fully understand about anxiety disorders. This has led to a lack of awareness among adolescents about the mental disorders that can strike them during this time of the pandemic. According to that, information media about anxiety disorders and how the prevention and treatment during the COVID-19 quarantine was designed. The method that the author uses in data collection is in the form of observation, interviews with experts, distributing questionnaires and literature study, then the data collected is analyzed using SWOT analysis. In this study it can be concluded that the design of this information media is appropriate and right on target and can help adolescents know about anxiety disorders. With this information media, adolescents can understand about anxiety disorders and how to prevent and handle them during the quarantine period of COVID-19.

Keywords: Anxiety Disorder, Adolescent, Quarantine, COVID-19