

ABSTRACT

Dementia is a disease that attacks functions in the brain that cause a person to become senile or memory impairment. Every year, people with dementia are increasing because Indonesia is currently in an aging period where there is an increase in life expectancy followed by an increase in the number of elderly people. Therefore, this study aims to determine the therapeutic communication patterns carried out by nurses to dementia patients in the rehabilitation process. This study uses a qualitative research method with a case study approach. The data collection technique was done by interviewing several nurses who worked in a special room for the elderly with mental disorders, namely the Saraswati room. The result of this research is the applied therapeutic communication, namely the pre-interaction phase, the orientation phase, and the work phase. Communication that is often used is verbal communication or non-verbal communication. In verbal communication nurses use clear language, basic questions are repeatedly assisted by non-verbal communication, namely by touching and certain symbols so that dementia patients can understand the message conveyed by the nurse.

Keywords: therapeutic communication, Dementia