

## **ABSTRACT**

*The application of cinematographic techniques in a film isn't only as a visual aesthetic, but behind the selection of the uses of cinematographic techniques, has their own purposes and objectives and there is no misinterpretation in the delivery of the meanings in the film.*

*The film that will be analyzed in this study is one of the Indonesian films by director Garin Nugroho, namely "Kucumbu Tubuh Indahku", a film that had become a topic of conversation in cyberspace in 2019 which attracted the writer's attention. Even at that time, there were several community groups that made petitions to the film from airing in Indonesia. In fact, outside Indonesia itself, this film is very well received and has even received awards from several film festivals.*

*This study used a qualitative research method with a film criticism approach with cinematographic elements from the aesthetic formalism theory of Sergei Eisenstein and film theory and cinematographic techniques in general. From this theory, the writer analyzes several scenes in the film that have traumatic traits so that the writer can find out what cinematographic techniques are used in building, shaping, and supporting the traumatic impression.*

*From the results of the analysis, there are several cinematographic techniques that are often used in developing the effects of trauma on the main characters in the film, among them are Medium Close Up, Medium Shot, Rule of Thirds, Pan Shot, and also Head Room.*

*Keywords: Film, Cinematography, Kucumbu Tubuh Indahku, Trauma*