

## **ABSTRACT**

The final project report written discusses the running activities of the Bandung Indo Runners community which is held every Tuesday and Sunday. This activity is usually done with a number of 35-80 members of this community once running. In running the distance traveled is 5-7 Km on Tuesday and 10-15 Km on Sunday. Running is very vulnerable to injury, so it is very important to warm up and handle injuries so that they are not worse. So the Indo Runners Bandung community needs bags to carry tools and medicine.

By using a combination of qualitative and quantitative methods, as well as the design thinking design method, observations and interviews were conducted with the Indo Runners Bandung community and the KSR PMI Telkom to support the design of vest trail rn bags in order to obtain maximum results.

Keywords : Indo *Runners* Bandung, Bag, Mix Metode