

ABSTRACT

Guidance on mental emotional development in adolescents aims to anticipate the effects of emotional mental disorders that can result in loss of focus, difficulty adapting to the environment and social. In some cases, the impact of the disorder can make teenagers close themselves to the environment because they feel unacceptable to the environment and in some cases tend to act aggressively. Mental disorders that usually occur in adolescents are emotional mental disorders including anxiety (anxiety) and depression. Mental emotional disorders are highly recommended to get treatment by a psychologist. The importance of facilities that handle cases of mental emotional disorders makes the urgency of designing similar facilities with an image and atmosphere that is able to attract adolescents to come to this facility is very high, with the characteristics of adolescent design is expected to produce not only an attractive space but also affects the psychological of adolescents and their users when perform activities in it, the importance of attention to the atmosphere of the room resulting from color, lighting and good character can affect the psychological user in it, the importance of paying attention to interior aspects that can change the image, atmosphere and also the user's psychological in it so that it is expected to consult and therapy activities can run in accordance with existing provisions and the results obtained are satisfactory.

Keyword : Psychology, Adolescents Psychology, Art Therapy.