DESIGN OF TEA DAY SPA IN BANDUNG CITY WITH RELAXATION APPROACH THROUGH THE SENSE OF SIGHT AND SMELL

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ABSTRACT

Life in urban areas at this time has grown rapidly, in terms of technology to lifestyle. The demand to fulfill the consumptive lifestyle at this time requires people to constantly working and being productive. Not only is it demanded to be productive, this current lifestyle also demands to have a beautiful appearance. Including in Bandung City which is one of the metropolitan cities with a high level of activity. The density of activity plus the tightening of the urban atmosphere can affect the level of stress of urban society. Full activity with short free time makes urban people tend to choose something that is instant and fast. This is a consideration for making Day Spa facilities by using tea as the main ingredient. Relaxation one day treatments that are offered by Day Spa are considered very suitable to balance the activities of urban communities, moreover the benefits of tea leaves are believed to be good for skin health and beauty. It makes the Tea Day Spa a solution to get relaxation as well as beauty to support the lifestyle of today's urban society. In designing the Tea Day Spa not only focuses on the service, but also the provision of Spa facilities according to predetermined standards. To get the maximum relaxed atmosphere, this design applies a relaxation approach through the sense of sight and smell.

Keywords: Day Spa, Relaxation, The sense of sight and smell.