

*SPORTS INJURY REHABILITATION DESIGN WITH HEALING
ENVIRONMENT APPROACH*

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ABSTRACT

Athlete is people who participate competitive compates. An athlete required to have good in physical quality. Athlete health facilities are required to increase, because this is the main aspect to support the athlete's performance. So athletes can have a long term career. Often, injured athletes are not handled well, so that is fatal to athletes recovery, because it's handled like an injury to a layman. Injuries experienced by an athlete can reduce athletes performance, traumatized, psychological, physical decrease, permanent disability, or death. Sports injury rehabilitation will give programs and facilities with sports medicine which is the treatment and prevention of injuries related to exercise. Comfort and psychological factors of space can be calculated to display the atmosphere of the room that can relieve stress and make it comfortable. Because injury can affect athletes physical qualities and psychology. The need for an atmosphere that can give the impression of healing to relieve the pressure by an athlete when injured. Green plant elements can be applied to help psychological recovery process.

Keywords: Athlete, Sport injury, Healing, Comfortable