ABSTRACT

Companies / organizations must have quality human resources, this becomes

important in achieving company / organizational goals. Therefore, to achieve the

goals of a human resource company in this case employees must have high

performance in accordance with company standards. Employee performance can be

improved by coaching.

This study aims to determine the effect of coaching on employee performance

at PT PLN (Persero) Distribution West Java and Banten. The method used in this study

is quantitative with a type of descriptive research. Respondents in this study amounted

to 72 people, the number of respondents was obtained by using probability sampling

techniques. The analysis technique used is simple regression analysis.

The results of the descriptive analysis showed that the two variables from all

dimensions obtained an average in the good category. Based on the results of

regression analysis, hypothesis testing, and coefficient of determination, it can be

concluded that caoching has a significant positive effect on employee performance by

66.6% and the remaining 33.4% is influenced by other factors not examined in this

study.

Keywords: Coaching, Employee Performance, Human Resources

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